

mm. sweet potato pie.



Chaz

cvillette

https://cvillette.livejournal.com/
2007-11-15 11:01:00

MOOD: devious

MUSIC: Todd tapping a paperclip on his teeth

And thus begins day three of not tracking my food intake. I do honestly think I have a handle on it, and it has saved me from having to hack together something to claim a batata is. (For batatas were the supper last night, and a very good supper they were.) I just made them the way mom didn't used to, which is to say, rubbed the skins with butter and set to bake.

For a long time.

The skins wind up hard and crispy, and the insides are full of sweet, white, kind of powdery-fluffy not-exactly-sweet-potato, which I put brown sugar and butter on and devoured with extreme prejudice.

Now I want to try making a white sweet potato pie. Maybe for turkey day? I wonder what I could use for sweetener and seasoning that would be tasty and not ruin the color....

By the way, did you know that the graceful, draping purple or green vines with the arrow-shaped leaves and the morning-glory-esque flowers that you see in those big heavy civil defense planters in cities are sweet potato vines (*Ipomoea batatas*)? They're actually related to--the same genus as--the moonflower and the morning glory (*Ipomoea alba, Ipomoea purpurea, Ipomoea tricolor* etc. Guess what the source of the species names is? ;-))

Batatas (and other sweet potatoes) are distantly related to yams, and not really the same thing at all. <u>I could explain, but a Wikipedia link is so much easier</u>
(https://www.livejournal.com/away?
to=http%3A//en.wikipedia.org/wiki/Sweet_potato%23Names).



[locked] Dream Journal

All right, unconscious mind. We're coming to an accommodation. If the dreams are you cleaning

Elvis doesn't live here anymore.

Hey there. Sorry about the drama. It was... it was an emotional decision, and I didn't

<u>Poppets. Puppets. Poppet</u> <u>puppets. Scary.</u>

9 comments



Question Properties

November 15 2007, 20:46:01 UTC COLLAPSE

Ah. Is why they're in civil defense planters. In case of end of world as we know it, dig up landscaping and eat.

Our government wants us to be happy. *g*



Cvillette

November 15 2007, 20:48:49 UTC COLLAPSE

Is white pie too creepy?



November 15 2007, 20:56:09 UTC COLLAPSE

I do not fear your white dessert foods. Bring 'em on.

Is this in addition to the ones I'm bringing? Oooh, silly question. Of course it is. Hey, any interest in cream cheese pie as well? 'Tis the season for stuff-mom-used-to-make.



Cvillette

November 15 2007, 20:57:19 UTC COLLAPSE

Is that like cheesecake?

Any interest, no. ALL THE INTEREST yes.



Depends on your concept of canonical cheesecake. Dense NY style? Nooo. Soft, very creamy, not-cakelike, crumb crust? Yeah, pretty much sorta. Then I put apricot sauce on top (or cherry, for hardcore conservatives).



<u>Quantification</u>

November 15 2007, 21:10:04 UTC COLLAPSE

mm. yes please.



<u> trollcatz</u>

November 15 2007, 20:52:00 UTC COLLAPSE

Okay, how do you end up with "batata" in two Indian languages and Spanish?

All of which aren't places sweet potatoes come from?

Humans are freaky. Pie, on the other hand, is love.



Cvillette

November 15 2007, 20:52:58 UTC COLLAPSE

And Arabic, apparently.

I am not a linguist, nor do I play one on TV.



1 trollcatz

November 15 2007, 21:05:06 UTC COLLAPSE

Their job: possibly weirder than ours. If less messy.